

april
2019

East Valley
Intergroup, Inc.
1320 E. Broadway,
Suite 105
Mesa, AZ 85204
480-834-9033
Fax: 480-964-4639
info@aamesaaz.org
www.aamesaaz.org

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NO BOOZE NEWS

The Fear of a Moral Inventory

**Those Tormenting Ghosts of
Yesterday** By Rick R. (49 yrs sober)

Over the years, I have watched the differing patterns of A.A. members and the degree of the importance of Thoroughness applied to the steps as opposed to simply abstaining from alcohol. With all the empathy and compassion in my heart I try to be available to everyone with an explanation of what I perceive to be the biggest *Stumbling Block* that stands in the way of the unfortunate ones that never seem to reach the degree of *Happiness and Peace of Mind* that the program offers.

When I am approached by someone who is struggling with this issue my first question would be, "Have you completed a thorough Fourth and Fifth step?" And if they are honest about it, we have a chance to revisit that part of the program and *Neutralize those Tormenting Ghosts of Yesterday*. I was *that guy* in my first attempt at taking the steps and rather than dealing with it, I just went to meetings and told funny stories until an event in my life caused me to *take a second look at the inventory process*. I'm so glad that I got it right the second time around, for if I hadn't, I can see no possible way that I could have followed up with the remaining steps of the program.

Most alcoholics are not proud of their past behaviors and live in a constant state of *guilt and shame*. They believe that they were responsible for those behaviors and that is where the *alcohol became the solu-*

Quote of the month

God takes care of everything.

What do you mean you take care of everything? What are you talking about? It's hard to believe. So we've got to stop trying to believe it.

You have to let go of belief that you don't need to leave everything to God. You go beyond belief. Things are revealed when your perception is changed and you realize you didn't really learn anything. You just now see things differently.

It's just like if someone moved all the scenery while you were sleeping and you came out of the house and it was painted differently, to where everything you see looks wonderful.

So the traditional idea of learning doesn't work in this same way, like we read all these books. This is a fundamental change in our reality. You completely let go and give it to God.

Well then, you ask, "What's going to happen?" You're going to wait and see. You're going to get up every morning and see what happens. That is surrendering and turning it over.

It is a freeing thing when you let all of that go. The world seems lighter and easier to deal with on a daily basis.

— The Late Sandy B.

Tampa, FL. AA Speaker

Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org
THANK YOU

tion to their problem until it stopped working. There is a difference between *Responsibility and Accountability*. Most alcoholics believe that they are responsible for becoming an alcoholic and that is the *Biggest Misconception* concerning this subject, unless, at childbirth, you had the capacity to understand alcoholism and the ability to decide that you wanted to become one.

From the day we were born, until we took our first drink, we were conditioned to the degree that alcohol affected us differently than it did for the normal person. Our minds were diseased, and we had no choice in the matter. The behaviors that followed were the symptoms of the disease. Once we are aware of this perception and become willing to be accountable for those behaviors and make restitution for wrongs done, who could fault us for that?

As we continue the steps of the program, we start by recognizing the old alcoholic habits and they are not too hard to change. We seem to begin that process as soon as we start attending meetings and hear others share their experience, we deal with the obvious things upfront and if we continue to examine our motives, for the things we do, in time the load gets lighter and lighter.

Now comes the Stumbling Blocks I referred to earlier; Those Tormenting Ghosts of Yesterday. *There is a big difference between a Habit and a Deed*. Habits can be changed, in time, as we establish a new track record and we become an entirely different person in character. Deeds are a different matter. *We can't change history*. I'm sure that we all have done things that we would hope that they remain a secret forever, but when they measure up to the term "Tormenting Ghosts" we need to deal with them if we wish to have some degree of Happiness and Peace of Mind.

We can't change our history but we can change our Perception of those deeds as *Symptoms of the disease of Alcoholism* and were part of the conditioning and often things that happened even before we ever took a drink and as painful as they may be, if we spend the rest of our lives living by those unselfish principles and habits, over a period of time, our actions will far outweigh our guilt and shame. We only live once and nobody's perfect. It would be a shame to let something that happened years ago keep us in pain as a result of a symptom of a disease. They are not what we Perceived them to be and we can bring them to a natural conclusion.

— Rick R. is from Poway CA. And will be celebrating 50 years of sobriety in October

Meeting of the Month - April 2019

The "As Bill Sees It" Group - Queen Creek, Arizona

If you ever find yourself looking for a meeting on a Saturday morning in the QC area, you will find a home group that has learned to dedicate themselves to group conscience. As a result, the group has substantially grown in size and credibility these past few months.

The "As Bill Sees It" group is an open meeting and all are welcome to attend. The format of the group is an alcoholic picks a topic and shares a reading from the "As Bill Sees It Book" that pertains to the topic. The meeting is then left open for sharing. The meeting is organized and a timer keeps the shares to a few minutes so that several people have time to speak. New comers are made to feel welcome and there are well respected sponsors available. There are group members with long term sobriety and the message is carried with thoughtfulness. Topics are tied back to readings from the Big Book and 12X12 with high regard.

The QC meeting house was established in January, 2012 and holds forty meetings per week. - Reviewed by Dorset

**"As Bill Sees It" is Held Saturdays at 8AM
At the Queen Creek Meeting House
19729 E San Tan Blvd, Queen Creek, AZ 85142**

Words From the Big Book

My schoolmate visited me, and I fully acquainted him with my problems and deficiencies. We made a list of people I had hurt or toward whom I felt resentment. I expressed my entire willingness to approach these individuals, admitting my wrong. Never was I to be critical of them. I was to right all such matters to the utmost of my ability.

I was to test my thinking by the new God-consciousness within. Common sense would thus become uncommon sense. I was to sit quietly when in doubt, asking only for direction and strength to meet my problems as He would have me. Never was I to pray for myself, except as my requests bore on my usefulness to others. Then only might I expect to receive. But that would be in great measure . **Page 13 from "Bill's Story"**

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging, If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

EAST VALLEY INTERGROUP – Gratitude With Service form *revised 2/09*

Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204

(480) 827-1905

e-mail: info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

Phones Night & Weekend

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

Committees of Interest

Check only those you are willing to serve on

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (*No Booze News*)

☐ Unity Committee

☐ Deliver A Meeting



ROUNDUPS, CAMPOUTS AND CONFERENCES

AGUA FRIA FAMILY CAMPOUT

APRIL 12 ~ 14, 2019

SOUTH COVE

BARTLETT LAKE, AZ

PUERTO PENASCO ROUNDUP

APRIL 26 ~ 28

EL MIRADOR VILLAGE HOTEL

ROCKY POINT MEXICO



TRI-STATE ROUNDUP

MAY 16 ~ 19, 2019

LAUGHLIN NV

RIVERSIDE RESORT

FLAGSTAFF ROUNDUP

MAY 31 ~ JUNE 2, 2019

FT. TUTHILL CAMPGROUND

PRESCOTT SHOESTRING ROUNDUP

AUGUST 30 ~ SEPTEMBER 1

1500 AZ-69 PRESCOTT AZ

PRESCOTT RESORT AND CONFERENCE CENTER

Meal and a Message

Saturday, April 27th

Doors Open At 5:30pm

Speaker At 7:30pm

1525 N Power Rd. Mesa

(Love Of Christ Lutheran Church)

Valley of the Sun

Founder's Day 2019

Saturday, June 8, 2019

10am to 5pm

New Location

1844 E Dana Ave. Mesa AZ

(St. Peters Lutheran Church)

www.azfoundersday.org

Monthly Campfire Meeting

Last Saturday of the Month @7:30pm

2757 E Guadalupe Rd.

Gilbert AZ

Riparian Preserve and Water Park

(take Cattail Crawl Trail to Honey Bee



Salt River Intergroup Celebrates

76th Anniversary of A.A. in the Valley

Saturday, April 13th

4pm to ?

1202 W Thomas Rd. Phoenix

(Phoenix College)

Sub-District 08-818 presents:

Dunks Like Us

7pm. Saturday April 20, 2019

393 W Warner Rd. Chandler AZ

Social hour followed by a speaker.

2019 Pre-Conference Assembly

April 5 ~ 7, 2019

1500 AZ-69

Prescott AZ

(Prescott Resort and Conference Center)



Name	Date	Days
Dan H.....	4/2/1973	16801
Richard C.....	4/23/1979	14610
Harry R.	4/17/1980	14244
Frank B.	4/20/1980	14244
Roy T.	4/12/1981	13879
Bill O.	4/19/1982	13514
Carol H.....	4/22/1983	13149
Rita H.....	4/21/1984	12783
Mike F.....	4/23/1985	12418
Jack H.....	4/1/1986	12053
Jennifer B.....	4/20/1986	12053
Julie V.....	4/25/1987	11688
Ron B.....	4/30/2019	11688
Willard K.....	4/4/1988	11322
Kevin F.....	4/4/1988	11322
Jeff M.....	4/8/1988	11322
Melanie M.....	4/15/1988	11322
Julie C.....	4/19/1988	11322
Sam W.....	4/28/1988	11322
Shawn B.....	4/1/1989	10957
Erica W.....	4/5/1989	10957
Dave L.....	4/7/1989	10957
Larry C.....	4/15/1989	10957
Tim M.....	4/4/1991	10227
Larry S.....	4/7/1993	9496
Dave C.....	4/28/1993	9496
Peggy H.....	4/15/1996	8400
Eddie O.....	4/10/1997	8035
Tom C.....	4/22/1997	8035
Tammy R.....	4/24/1997	8035
Michael R.....	4/9/1999	7305
Jim B.....	4/15/1999	7305
Michael F.....	4/8/2000	6939
Scott C.....	4/2/2001	6574
Sharon K.....	4/6/2001	6574
Jeff H.....	4/4/2002	6209
John J.....	4/5/2002	6209
John B.....	4/10/2002	6209
Gail H.....	4/25/2002	6194
Chrystal C.....	4/21/2003	5844
Bart M.....	4/1/2004	5478
Chris K.....	4/22/2006	4748
Pat C.....	4/27/2007	4374
Rhonda C.....	4/10/2008	4017
Paul T.....	4/11/2009	3652
Warren S.....	4/21/2009	3652
Maegan W.....	4/24/2009	3652
Christopher M.....	4/4/2010	3287
Maureen V.....	4/6/2010	3285
Tommy C.....	4/15/2011	2922
Guy S.....	4/29/2011	2922
Jen B.....	4/30/2011	2922
Michael S.....	4/20/2012	2556
Jason H.....	4/22/2012	2556
Mary W.....	4/17/2014	1826
Hailey T.....	4/22/2014	1826
Tom J.....	4/4/2015	1461
Angie S.....	4/6/2015	1461
Molly M.....	4/14/2015	1461
Donald S.....	4/23/2015	1461
Thura J.....	4/12/2016	1095
Gamaliel B.....	4/11/2018	365
Michael W.....	4/20/2018	365

Step Four~ Made a searching and fearless moral inventory of ourselves.

Tradition Four~ Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

Concept Four~ At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion

At Wit's End.

The trouble with staying home alone and isolating is you get a lot of bad advice. - **David F.**

A SKEPTICAL NEWCOMER JUST COULDN'T SEE how the first drink could get her drunk. A seasoned old-timer helped out: "When you get run over by a train, which kills you--the locomotive or the caboose?" -- **Anonymous**

"You know what they say, 'In AA there's a wrench for every nut.'" -- **Anonymous**

HOW CAN YOU TELL the difference between a sponsor and a therapist? The only time a sponsor uses the word "closure" is before the word "mouth." -- **Andrew D.**

Lately I've been fascinated with the concept of humility. I've read about it, meditated on it, and thoughtfully explored it for several months. It has been absolutely delicious! Then one day at my home group meeting, I was sitting there looking around the room and heard my own mind saying, "I'm more humble than anybody here!" So, scratch that one! -- Pat B.

I knew I was an alcoholic by the way I felt sober. - **Joe B**

People are saying that I'm an alcoholic, and that's not true, because I only drink when I work, and I'm a workaholic. -**Ron**

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905

EVI Phone Workshop

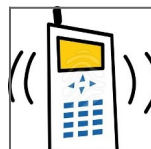
Third Friday's at 6:15 pm

Before the monthly business meeting at

1125 N Dobson Rd

Antioch Community Church

Or

Workshops can be done at your Group !

For more information

Call Beth H

EVI Sponsorship Workshop

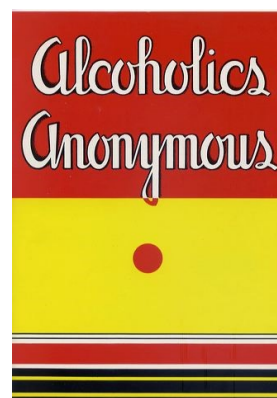
10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Gail H.

HOST GROUP SCHEDULE

May 4th ~ Chandler Women's BB

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Antioch Community Church

1125 N. Dobson Rd Chandler

Contact 480 827-1905

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

Antioch Community Church

1125 N. Dobson Rd Chandler

contact: 480 827-1905

EVI Monthly Speaker Meeting*1st Friday of Every Month***Meeting Now At 7:30pm**

Antioch Community Church

1125 N. Dobson Rd Chandler

April 5th ~ Rising Spirit Group

May 3rd ~ Women in Gratitude

These are subject to change - so keep watching.

Office Volunteers &
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.

***** Fill In shifts available now*****

Central Office Manager's Report

March 15th, 2019

We received 461 requests for information and assistance last month. Of those 119 calls were for meeting info, 142 were office visitors and 14 resulted in a 12 step call. Our website stayed busy too. It had 48,381 visits in the last 30 days. Our Google listing also receives steady traffic. Our Google totals for February were 11,393 views. Of those 359 went to our website, 65 requested directions and 45 gave us a call.

Literature sales have been a bit above normal so far this year. We have been placing 2 literature orders a month to maintain appropriate stock levels. Our City of Mesa business permit has been renewed as well as our bulk postage permit.

We received a memo from the 2020 International Committee. Convention registration is scheduled to open on September 9th, 2019. We will receive housing and registration forms in August. There will also be a link on the EVI website to the International Convention site where more detail will be available.

The weather is warming up and along with it comes the Campout and Roundup season. We have information available on most of the upcoming A.A. events in AZ and surrounding states at the office and in the No Booze News. Please share your IGR newsletter copy with your group and encourage them to submit stories and subscribe for home delivery. We also still have the event signs and large coffee pots available for group use. Just call and reserve.

If your Group has recently had a rotation of officers, please take a Group Update form to your next Group Conscious meeting. Have the new officers fill it out completely and return it to the office or bring it to next month's meeting. It is our policy to have complete contact information for at least 2 officers of each group listed in our directories. Thanks for your help with this, it is important to keep this information up to date. Service opportunities are always available on all EVI committees and the 12th step list. Please take some Gratitude with Service forms back to your group and encourage the members to volunteer. The life you save may be your own.

In the spirit of Tradition Eight,

Love and Service

Kim W. Central Office Manager

East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

.....Feb	2019
Meeting Information Calls	119245
General Information.....	95188
Referred to Salt River Intergroup	04
Referred to Al-Anon.....	215
Referred to Community Info	02
12th Step Calls	1429
Business Calls	89184
Office Visitors	142282
Meeting lists printed.....	8001,800
Info request via E-mail	3890
Desk Volunteers-Reg/Sub/None.	30/ 6/ 4
Desk Volunteers-Reg HRS YTD.....	144hrs

Web Stats

Website Visits last 30 days 48,381 YTD 94,133

Google Searches last 30 days 11,393

Meeting List Updates...

New Meetings:

The Last Resort	3456 W Casa Blanca Rd. Bapchule	TH	6:30p	O
Natural High	761 S Horne St. Mesa	TU	7:00p	O,D
Sun Lakes Serenity Seekers	25601 S Sun Lakes Blvd	TU & TH	11:00a	CW

Changes:

Sunset Sobriety	4444 E Havencrest Dr. Gilbert	Now meets at	MO 5:45pm
Road to Recovery	5641 E Albany St. Mesa	Potluck is now on	next to last SA
San Tan Men's	Moved To: 22709 S Ellsworth Rd. QC	TU 6:00p	M,C
A Vision For You	2601 E Thunderhill Pl. Ahwatukee	FR 9:00a	N,BB,O

Deletions:

Out of the Dark	19609 S McQueen Rd .Chandler	TH 7:30p	O
Today's 24 Hours	9729 E San Tan Blvd (QC Meeting House)	FR 6:30a	

*East Valley Intergroup
1320 E. Broadway Rd. # 105
Mesa, AZ 85204*

*General Service Office
PO Box 459, Grand Central Station
New York, NY 10163*

**** NEW ***
Area 03 Treasurer
PO Box 18765
Tucson, AZ 85371
*Make Check To: AZ Area Committee**

*District 08-818
PO Box 12044
Tempe, AZ 85284*

*District 08-819
PO Box 594
Mesa, AZ 85211*

*District 08-820
PO Box 20404
Mesa, AZ 85277*

*District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064*

*Valleywide H & I
PO Box 80126
Phoenix, AZ 85060*

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



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GROUP CONTRIBUTIONS



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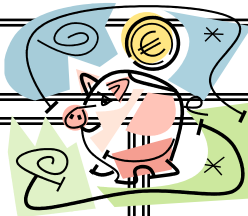
GROUP	Feb.	YTD
11th Step Candlelight		\$0.00
2121 Beginner Workshop		\$0.00
24 Hours A Day		\$0.00
A Vision For You Group	\$111.58	\$111.58
ABC Group		\$200.00
Ahwatukee Group	\$67.08	\$67.08
Ahwatukee Nooners		\$0.00
Ahwatukee Saturday Men's	\$279.42	\$426.59
Ahwatukee Women's Group		\$0.00
Arbor Daily Noon Group	\$300.00	\$600.00
As Bill Sees It		\$0.00
Attitude Adjustment Ahwatukee		\$0.00
Attitude Adjustment CG	\$40.00	\$40.00
Attitude of Gratitude		\$0.00
Basic II		\$0.00
Bloopers	\$110.00	\$110.00
Bootstrap Men's	\$905.00	\$905.00
Breakfast Club		\$0.00
Busted Ego		\$120.00
By The Book		\$0.00
Chandler Men's Stag Group	\$86.00	\$86.00
Chandler Noon Group	\$130.00	\$250.00
Chandler Women's Big Book Group		\$427.78
Cold Coffee Group		\$0.00
Common Solution		\$0.00
Common Thread		\$0.00
Copper Basin Group		\$0.00
Courage To Change		\$0.00
Daily Reflections Group		\$0.00
Day At A Timers		\$0.00
East Valley Men's Stag		\$125.00
Easy Does It Group	\$88.87	\$177.74
Eye Opener Group		\$0.00
Family Recovery Group		\$0.00
Feelings & Solutions		\$0.00
Fill in the Blank	\$443.75	\$443.75
Firehouse Meeting		\$0.00
Florence Group		\$0.00
Friends Of Bill W.		\$100.00
Get It Together	\$399.70	\$668.43
Gilbert Gals		\$0.00
Gilbert Group		\$0.00
Gold Canyon 12 X 12 Group		\$86.78
Good Ol' Back to Basics		\$0.00
Grateful Dames		\$0.00
Grateful Girlfriends		\$0.00
Gratitude Group	\$212.00	\$212.00
Great Start		\$200.00
Gut Level		\$136.36
Happy Hour @ Sunbird		\$0.00
Heard It Thru The Grapevine		\$0.00
Into Action		\$0.00
Inwardly Reorganized		\$0.00
Keepin It Real Ladies		\$160.50
Life In The Big Book	\$211.55	\$354.35
Maricopa 12 X 12		\$40.00
Maricopa Group	\$25.00	\$25.00
Mid-Morning Group		\$0.00
Monday Night Madness		\$0.00
Morning After Group		\$200.00
Name In The Hat		\$737.00
New Beginnings	\$100.00	\$100.00
New Hope Group		\$0.00
New Spirit Group		\$0.00
No Name AA Group		\$0.00
Not A Glum Lot		\$0.00
Opportunity Knocks		\$100.00
Page A Day		\$435.24
Pioneer Group	\$38.00	\$38.00

GROUP	Feb.	YTD
Price Is Right	\$124.74	\$124.74
Primary Purpose Group	\$350.00	\$575.00
Prime Time		\$0.00
Progress Rather Than Perfektion		\$0.00
Putting God First		\$0.00
Queen Creek Nooners		\$443.92
Re-Awakening Group		\$0.00
Remember When		\$0.00
Renewed Spirit		\$0.00
Rising Spirit		\$443.30
Road To Recovery	\$563.13	\$1,338.23
Rock Solid		\$0.00
San Tan Men's	\$47.50	\$47.50
Second Chance Group		\$317.00
Seniors In Sobriety-Tempe disbanded		\$160.00
Serenity At Six		\$0.00
Shade Tree		\$0.00
Sisterhood Of Solutions		\$0.00
Sobriety is Gold		\$0.00
Sobriety Rocks		\$0.00
Society Group	\$1000.00	\$1,000.00
Solutions Group		\$0.00
Some Are Sicker Than Others		\$100.00
Southeast Valley Stag		\$500.00
Spirited Women		\$213.57
Step By Step Group	\$193.90	\$193.90
Stepping Stones	\$400.00	\$400.00
Sunday Morning Women		\$0.00
Sunday Night BB Step Study		\$0.00
Sun Lakes Women		\$0.00
Sunland Serenity Seekers		\$0.00
Sunset Group		\$0.00
Tempe Group		\$0.00
Tempe Nooners	\$25.00	\$50.00
Tempe Sunrisers		\$0.00
Tempe Young People		\$0.00
The Library		\$147.00
The Real Thing		\$0.00
The Way Out Group	\$100.00	\$175.00
Thursday Night Step Group		\$0.00
Tuesday Night Steppin Out		\$0.00
Tuesday's Trudgers		\$0.00
Tumbleweeds Group		\$0.00
Upon Awakening	\$700.00	\$700.00
We Ain't Dead Yet		\$0.00
We Agnostics	\$136.80	\$136.80
We Can Group		\$0.00
Wednesday Night Step		\$0.00
Wednesday Night Winners		\$0.00
Welcome Home		\$0.00
West Chandler Men's		\$0.00
Who's Driving Your Bus?		\$0.00
Wolf Pack Group		\$50.00
Women in Gratitude		\$0.00
Women in Solution		\$0.00
Women in Touch		\$0.00
Wonder Women	\$70.00	\$70.00
*Anonymous Groups	\$60.00	\$221.92

OTHER GROUPS/COMMITTEES

Apache Lake Campout		\$0.00
54th International Women's Conf		\$3,080.00
AZ AA Womens Conference		\$0.00
Dist 08-818		\$0.00
Meal and a Message		\$0.00
Group Totals	\$7,319.02	\$18,172.06
EVI Committees	\$96.00	\$187.00
Individual Contributions	\$340.00	\$390.00
GRAND TOTALS	\$7,755.02	\$18,749.06

(*Group contribution with no group name listed)



BALANCE SHEET February 28, 2019

Assets

Current Assets

Checking	6,389.10
Prudent Reserve (Savings)	5,027.31
Accounts Receivable	1,195.50
Inventory Asset	23,992.21
Undeposited Funds	0.00

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

Total Assets **\$60,582.13**

Liabilities & Equity

Liabilities

Accounts Payable	0.00
Visa Credit Card	235.00
Payroll taxes	189.76

Total Liabilities **\$424.76**

Equity

Opening Balance Equity	43,778.94
Retained Earnings	6,731.99
Net Income	9,646.44

Total Equity **\$60,157.37**

Total Liability & Equity **\$60,582.13**

PROFIT & LOSS STATEMENT February 2019

33 Group contributions totaling	\$7,319.02
2 Individual contributions totaling	\$340.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$96.00
Total Contributions	\$7,755.02
Total Income	\$15,389.48
Less total Cost Of Sales	\$4,363.90
Gross Profit	\$11,025.58
Less total Expenses of	\$7,303.20
<u>Net February Gain</u>	\$3,722.38
<u>YTD 2019 Gain</u>	\$9,646.44

The current Prudent Reserve balance is \$23,928.01
The Prudent Reserve has been
established for 2019 in the amount of \$24,825.87

Please call me with any questions or comments
regarding the financial statements.

Grateful to be of service,
Ron S. EVI Treasurer

Traditions Checklist

Tradition Four: Each group should be autonomous except in matters affecting other groups or AA as a whole.

- 1. Do I insist that there are only a few right ways of doing things in AA?***
- 2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?***
- 3. Do I put down other members' behavior when it is different from mine, or do I learn from it?***
- 4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?***
- 5. Am I willing to help a newcomer go to any lengths—his lengths, not mine—to stay sober?***
- 6. Do I share my knowledge of AA tools with other members who may not have heard of them?***

East Valley Intergroup Business Meeting Minutes

February 15, 2019

Meeting Opened at 7:02PM

12 Traditions ready by – Tommy M.

INTRODUCTIONS: *Your attendance and participation are appreciated, and visitors are always welcome!***Intergroup Representatives:****New Reps:** *Gabi N. Both Books Step Study, Phil Easy Does It, Julia Bloopers, Nadia The Real Thing, Brian Inwardly Organized*

Heidi G. Ahwatukee Group, Michael G. Ahwatukee Men's, Nancy O. Ahwatukee Women's, Thom S. Arbor Group, Elizabeth L. Bloopers, Julie Bloopers (Alt), Gabi N. Both Books SS, Molly G. By the Book, Gary L Chandler Noon, Elizabeth G. Chandler Women's BB, Tom O Common Thread, Phil F. Easy Does It, Denis W. Friends of Bill W., Julie C. GIT (Alt), Rose M. Gratitude Group (Alt), Rose M. Happy Hour Sun Lakes, Brian V. Inwardly Reorganized, Deana E LIBB, Gary L. Maricopa Group, John H. No Name Group, Sherry B. PAD, Ashley St. Thomas Price is Right, Matt J. Primary Purpose, T. S. Putting God First, Barb M. Queen Creek Nooners, Angie S. Rising Spirit, Justin S. Road to Recovery, Mallory E. SASTO, Tom M. Southeast Valley Stag, Peg D Spirited Women, Katelyn B Step by Step, Kimberly K Stepping Stones, Dave T. SNBBSS(Alt), Gail W. Sunset Group, Ken C. Sunset Group (Alt), Beth H. Tempe Sunrisers (Alt), Cat M. The Real Thing, Pat C. The Way Out, Paul B Tuesday Night Steppin Out, Troy S. Tumbleweeds Group, Lonnie M. Upon Awakening, Jim M. WADY, Beth H. We Agnostics, Michelle O. Women in Gratitude, Deborah B. Women in Gratitude (Alt)

Committee and other Trusted Servants: (N/P = Not Present)

Service Position	Name	Service Position	Name	Service Position	Name
Chair	Tom	Office Manager	Kim	H&I Liaison	Mike
V.Chair	Chuck	Chair- Special E.	J	Spanish Liaison	Marge
Treasurer	Ron S.	Chair- PI/CPC	Paul	Alanon Liaison	Rosemary B.
Secretary	Andrea M.	Chair- Phones	Beth	DCM 08-818	N/P
Advisor- Special E.	Segrid	Chair- Unity	Open	DCM 08-819	Jason
Advisor- PI/CPC	Mark	Chair- Sponsorship	N/P	DCM 08-820	Carol
Advisor- Phones	Dave	No Booze News	N/P		
Advisor- Unity	Open	Literature	N/P		

Tom: Thanked Reps for flexibility with location moves the past months. We are located here at Antioch for the time being, but actively looking for location change. Please send any suggestions to the office. We need a location that can hold 70-75 ppl, would like it to be centralized and possibly close to freeways. Asked if email reminder was helpful? Many said yes and appreciated the reminder. Tom suggested we keep sending out monthly email reminder.

Secretary's Report: Andrea: Welcome to new reps, Please sign in and update info, New Rep packets available, Asked everyone to check sign in sheet for updates.

Treasurer's Report: Ron, Report in Packet, We ended with quite a few donations, Net Income for January - \$5924.06. Prudent Reserve set at \$1000 less than last year, we will be able to meet Prudent Reserve after this month, Talked about this at Steering Committee, We have expenses coming up with Anniversary Dinner. Want to thank groups for their contributions! Your contributions allow the East Valley to continue to service groups.

Kaitlyn- How long does it take to cash check? Kim explained she talked to their group treasurer and office did not receive the check. The treasurer put a stop payment and was re-sending the check.

Motion to accept- Matt, 2nd- Molly 7th Tradition: \$78.00

Chairperson's Report: Tom- Welcomed new reps. Reviewed Robert's Rules of Order. Reviewed handout that was provided to IGR's.

Kaitlyn- Why do I only get one vote if I represent two groups? Tom explained that one person equals one vote. Advised to discuss with groups that they could get alternate or have another person rep so they can have a vote.

Vice Chair's Report: Chuck E- Report in packet, Explained General Service Assembly April 5th!

Office Manager: Kim- January was busy and had uptick in calls due to New Year resolution. The 2018 Year End Activity report is ready, please take copy back to your group to help explain what the office is doing. In 2018, we have 125 active meeting in the East Valley. Over the year we had 111/125 contribute to the Intergroup. This is 88% of groups contributing! WOW! You guys are awesome! Thank you!!

Contracted new printer for business cards. We were asked by a group in Payson to list them in our directory. Replied to email asking if they had Intergroup or District, Steering Committee discussed and agreed in the spirit of service we could list. BUT, new information was received on today (Friday) and it seems there is a website for them to list their meeting. We will not do anything at this time.

STANDING COMMITTEE REPORTS

PICPC: Paul – Last meeting on Feb 4th had 9 attendees, The education committee sat table during two lunch periods at Gilbert High, still communicating with Governor's office, Still focused on getting literature into public libraries, Literature committee gave pamphlets to South west Medicine College who just started new meeting. Community Services Committee and Government Services now have chairs. Thank you! Starting to plan workshop for this future date and time this year. Still need a secretary! We would greatly appreciate the help! Next meeting on Monday, March 4th at Gilbert Presbyterian Music Room at 7PM.

Marge- Asked where to get literature for a student that visited meeting? Paul will provide

Special Events: J – Feb 1st Speaker Meeting hosted by WE Agnostics was great turn out! Please feel free to join us this month on March 4th here at Antioch. We have Special Event Committee meeting before the speaker meeting. Easy Does It will host in March Speaker meeting. The committee is planning the 40th Anniversary Dinner on March 9th and would love any help. Any Questions- Where can we get tickets? See J after meeting! Can we turn in money now? Yes, see Ken C. after the meeting

Phone Committee: Beth- We need phone volunteers. Two spots are available for the third Sunday morning and evening shift. Great spot for groups to take a commitment. We love individual volunteers and group volunteers. We will come out and train at your meeting. Please consider getting in 12 step call list. We need people on the list to help take calls. Currently, there are 13 open spots for March calendar.

Unity Committee: Tom- currently no chair, We have someone who interested but could not be here tonight. We could use membership on this committee. This committee reaches out to groups that are not participating in Intergroup. This committee meets on the 3rd Friday just before this business meeting. We are also looking for Advisor to Steering committee.

Sponsorship Workshop: N/P, Easy Does It is hosting the next Sponsorship Workshop on March 2nd @ 10AM at Gilbert Presbyterian Church.

Newsletter Editor: N/P, Tom- we are down on mail subscriptions of No Booze News. We encourage all to get the monthly subscription so you can get the printed copy at home.

Literature: N/P

LIASION REPORTS

Alanon Liaison: Rosemary- Family Recovery is Feb 23rd at St Peter Lutheran in Mesa. Starts 5PM wth light supper- Chili. There are great speakers and raffle. Yuma Round Up flyer is also in the back. Alanon has big presence at this Round up, Its next weekend.

H&I Liaison: Mike- Attended meeting on Feb 13, Awareness Day is May 13 at Kiwanis Park Ruben Romero Picnic Area- need volunteers! Correction conference is here on March 29-30th at Gloria Day Church, Go to www.area03.org to register.

Spanish Liaison: Marge – Attended Spanish Intergroup meeting last month, They have booklet that is sold for \$2 that contain groups anniversary and others who have shared their experience, strength and hope. They also have a Unity committee. They attended the new Spanish speaking meeting at Bloopers, They do have a liaison (Francisco) that is willing to help. Attended the Women's International in LA. Elizabeth went to Ranch Market and they have AA pamphlets there in Spanish!

Sub District 08-818: N/P

Sub District 08-819: Jason – Save the Date flyer is in the back for March 30th Eat, Meet, and Greet at First Christian Church in Mesa. Step by Step is hosting event. If interested in attending monthly meeting, please attend

Sub District 08-820: Carol – We are having great attendance at meeting. All is well in 820.

OLD BUSINESS: none

NEW BUSINESS: Tom: Still need Unity Committee Advisor and Chair!!

ANNOUNCEMENTS: Ron- reminded new reps that we will have an intro meeting after this meeting, hang out and ask questions. Welcome!

Group Problems & Solutions: Gary- Information for people, We have never been around long enough to know everything. Meetings that he attends are putting meetings in church announcements, Great way to get word out to people and that AA is available in people's church.

Kaitlyn- tomorrow is Mesa Round Up Valentines' Day Dance at 530 for Dinner, Speaker at 7PM, and Dance afterwards, tickets are \$5 and sold at the door.

Close Meeting: Motion to close- All!!

Thank you,

Andrea M.



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Live and let live

# **Telling the Truth About Ourselves**

From the January 1997 Grapevine

## **Letting newcomers know what AA is all about**

Some time back, I had the opportunity to chair a meeting in which two old-timers spoke. They told about how conditions were for the alcoholic when they got sober. In those days, they said, alcoholics couldn't find many needed services such as medical care, psychiatric care, etc. These old-timers shared with us how they had worked very hard to change that picture and carry the AA message to the professionals of their time.

Eventually, hospitals were opened up to alcoholics, and psychiatrists were willing to work with those who needed their services. All this was due to the diligent efforts of those early AAs.

As I listened to these old-timers, it dawned on me that these folks had worked hard to build a trust between the professionals and the AAs who would bring potential members to them for their care. How hard they worked was not, however, the key to this new understanding. What became apparent was that their intent was not for the professional to provide a means to sobriety. Rather they had attempted to provide a climate in which the alcoholic could receive those types of services that AA did not provide.

If that is the case, then why do we seem to have this ongoing problem with those referred to us from treatment centers? Perhaps it's because we became lazy. In our area, it appears that as the professionals labored in the fields of medicine, psychiatry, and religion, we turned more and more of the care of the newcomer over to the professional.

When many of our early AAs became "alcoholism professionals," this tended to solidify the idea that only the "best" could work with new people. When the new people came into the meetings and were heard to say "My counselor said. . .," nobody challenged the statement. I have, on occasion, checked out these alleged pearls of truth. The counselor was often as appalled by the statement, reported to be theirs, as was the AA group. It seems that the new people, rather than changing to fit the AA program, were changing the program to suit themselves.

The problem, however, is not the newcomer. The major problem is in what we want from, and do for, the newcomer. We want them to like us and to get sober with us. Quite frankly, that is none of our business! Our responsibility is to tell the newcomer the truth about ourselves and our experience with the AA program. This, of course, includes where we failed as well as where we have succeeded. The choice to get sober, go insane, or die is clearly theirs. Our job is to provide them with facts upon which a choice can be made.

The Big Book says, in a couple of places, that "we lay the kit of spiritual tools before them." It doesn't say that we beat them about the head and face with it, nor does it suggest that we surgically implant it, or even that we carefully stuff it in their pocket.

It is, I believe, an act of humility to bend down and place a "kit of spiritual tools" at a person's feet. That's our job! It is an act of dignity to bend down and pick up the "kit of spiritual tools" which has been placed in front of one's feet. That's their job! We need to be humble, they need to begin to act with dignity. It is through the simple act of telling newcomers the truth about ourselves, and the AA program, that this can take place.

Of course, in order to do this we will need to be clear about what we do in AA and what we don't do. We will require, of ourselves, the explanation that we discuss alcoholism and our recovery from it through AA's Twelve Steps and that is all.

We don't need to change the treatment centers, the newcomers, the courts, or any other agency which refers people to Alcoholics Anonymous. We need only to change how we go about informing those who are referred to us. As we do this, those who come to us will learn very early what we have to offer, and where their best help may be found. As we do this, we will come to a greater understanding of what our program is and what it can do. In our Big Book it clearly states that we don't apologize for our approach to recovery from alcoholism, nor do we have the only approach. We simply have one tried-and-true method that our experience shows works.

-- Dennis B. Northfield, Minnesota

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THANK YOU